



Pacifica School District Lunch Menu August 2018

Nutrition Tip:

Practice stealth health – sneak veggies into favorite foods, go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

			16	17
			Burger Bar Choice of: Hamburger Cheeseburger Veggie Burger (V) And: French Fries	Pizza Galore Day! Choice of: Cheese (V) Pepperoni Hawaiian Sausage Combo
20	21	22	23	24
Beef Teriyaki Dippers w/Brown Rice Mini Corn Dogs Pork Rib-B-Que on a Roll Protein Pack (V)	Popcorn Chicken Italian Pasta Bake with Roll (V) Grilled Cheese Sandwich (V) Poppin' Chicken Salad with Roll	Welcome Back Bash Choice of: Hot Dog Hamburger/Cheeseburger Garden Burger (V) And: Corn on the Cobb Watermelon	Taco Bar Choice of: Soft or Hard Shells Beef or Chicken Tacos Vegetarian Tacos (V) Taco Salad	Orange Chicken & Rice Pasta Alfredo & Breadstick (V) American Sub Sandwich Asian Chicken Salad & Breadstick
27	28	29	30	31
Chicken Corn Dog & Tater Tots Bean & Cheese Enchilada (V) Tuna Sandwich Yogurt Cup, String Cheese, Crackers (V)	Breakfast for Lunch Chicken & Cheese Quesadilla Sun Butter & Jelly Sandwich (V) Chicken Caesar Salad	Chicken Nuggets Macaroni & Cheese w/ Roll (V) Hot Ham & Cheese Sandwich Crispy Chicken Salad & Roll	Baked Potato Bar with Chili Bean & Cheese Burrito (V) Crispy Chicken Sandwich	Pizza Galore Day! Choice of: Cheese (V) Pepperoni Hawaiian Sausage Combo

*Lunch Price: \$3.25/\$0.40 Reduced
Free & Reduced Meal Applications are available at all schools and the District Office.
Visit www.ezschoollpay.com to prepay for your student meals.*

This institution is an equal opportunity employer.

Menu subject to change.

*Questions?
Call Lori Miller@
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